

Form #8
Date: _____

Photocopy for your
Goal Tracker!!!

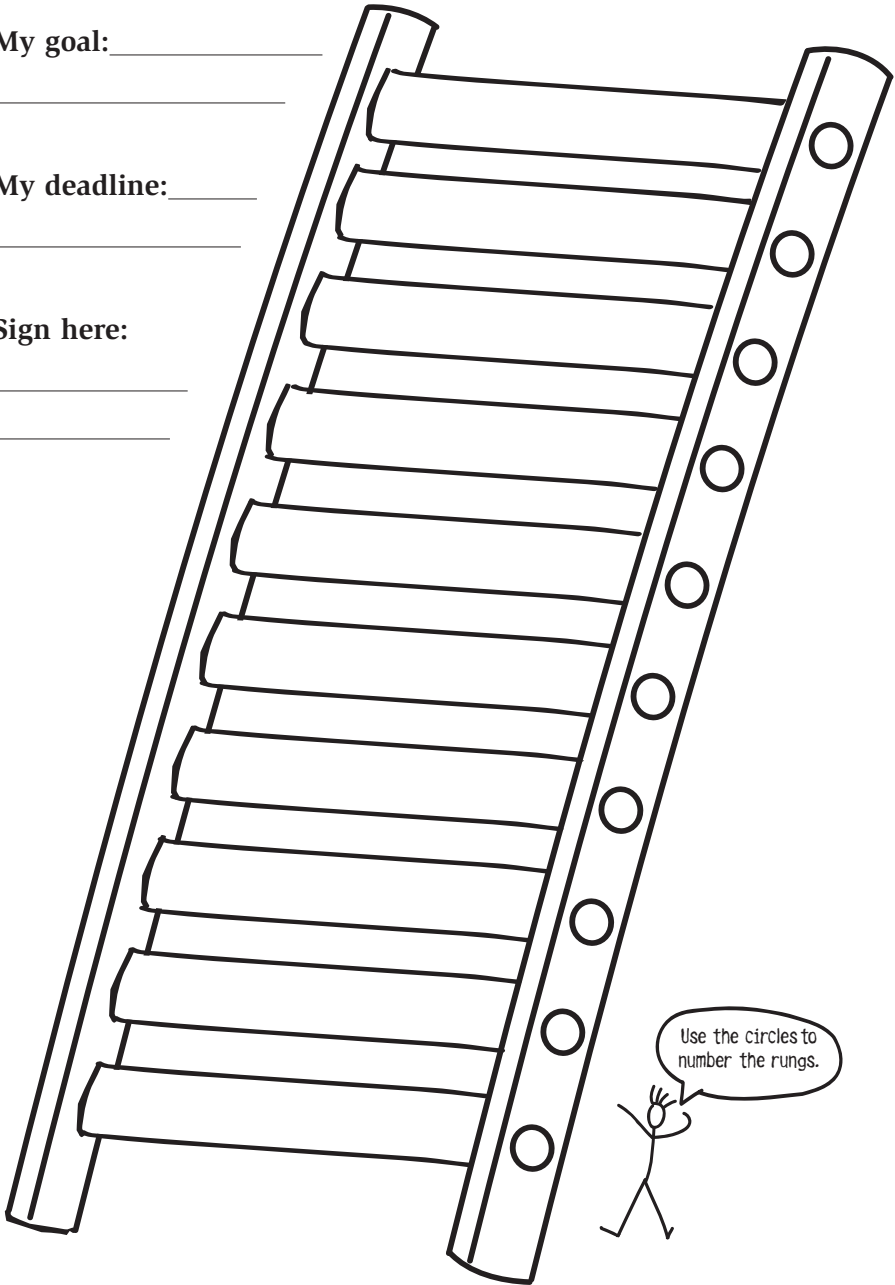


My Goal Ladder

My goal: _____

My deadline: _____

Sign here: _____



Use the circles to
number the rungs.

